

Your Support Network

The people who can support you in your recovery journey and decisions are called your **support network**.

Your support network may include:

- Family
- Spouse or partner
- Friends

- Doctors
- Nurses
- Therapists
- Social workers
- Case managers

- Peer counselors
- Housing specialists
- Support group leaders
- Clergy
- Others

List the people who are part of your support network:

NAME	HIS OR HER ROLE



For more information and free recovery resources, visit www.ChoicesInRecovery.com